

Ninth Sunday after Trinity, 2nd August 2026
St Peter Mancroft Church
10.00am Sung Eucharist

Welcome to this service, which is also being live-streamed on the St Peter Mancroft YouTube channel. A hearing loop is available for use. Please join us for refreshments in the Octagon Room after the service.

There is an art exhibition in the Jesus Chapel today and the church will be open from 2pm this afternoon for people to visit. Our preacher this morning is the Revd Peter Varney, who has convened this exhibition.

Organ music before the service begins – played by Alice Smith
Berceuse from 24 pièces en style libre by Louis Vierne (1870-1937)

Short notices are given just before 10.00am.

Processional Hymn

Please stand if you're comfortable doing so.



**I come with joy, a child of God,
forgiven, loved and free,
the life of Jesus to recall,
in love laid down for me.**

**I come with Christians far and near
to find, as all are fed,
the new community of love
in Christ's communion bread.**

**As Christ breaks bread, and bids us share,
each proud division ends.
The love that made us, makes us one,
and strangers now are friends.**

**The Spirit of the risen Christ,
unseen, but ever near,
is in such friendship better known,
alive among us here.**

**Together met, together bound
by all that God has done,
we'll go with joy, to give the world
the love that makes us one.**

Brian Wren (b. 1936)
A&M 448i

Welcome and Introduction

Please remain standing.

In the name of the Father,
and of the Son,
and of the Holy Spirit. **Amen.**

The Lord be with you
and also with you.

Prayer of preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

The Confession

The deacon then invites the people to confess their sins:

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Please sit or kneel.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The presiding minister then proclaims God's absolution:

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

The Gloria

Please stand if you are comfortable doing so to sing the Gloria.

Glory to God, glory to God, glory to God in the highest.

**Glory to God in the highest, and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Glory to God, glory to God, glory to God in the highest.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
Glory to God, glory to God, glory to God in the highest.**

**For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ, with the Holy Spirit,
in the glory of God the Father.
Glory to God, glory to God, glory to God in the highest**

The Collect

Please remain standing.

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your grace,
that we may bring forth the fruit of the Spirit
in love and joy and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

First reading: Romans 9.1-5, read by Paul King

Please sit.

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen.

This is the word of the Lord

Thanks be to God

Psalm: 145.8-9, 15-22

Please remain seated. The congregation says the psalm together.

**The Lord is gracious and merciful,
long-suffering and of great goodness.**

**The Lord is loving to everyone
and his mercy is over all his creatures.**

**The Lord upholds all those who fall
and lifts up all those who are bowed down.**

**The eyes of all wait upon you, O Lord,
and you give them their food in due season.**

**You open wide your hand
and fill all things living with plenty.**

**The Lord is righteous in all his ways
and loving in all his works.**

**The Lord is near to those who call upon him,
to all who call upon him faithfully.**

**He fulfils the desire of those who fear him;
he hears their cry and saves them.**

**The Lord watches over those who love him,
but all the wicked shall he destroy.**

**My mouth shall speak the praise of the Lord,
and let all flesh bless his holy name for ever and ever.**

Gospel Reading - Matthew 14.13-21

Please stand if you're comfortable doing so for the gospel reading, and turn to face the centre of the Nave, from where the gospel will be read.

Alleluia, alleluia.

I am the light of the world, says the Lord.

Whoever follows me will never walk in darkness
but will have the light of life.

Alleluia, alleluia.

Hear the gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' Jesus said to them, 'They need not go away; you give them something to eat.' They replied, 'We have nothing here but five loaves and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

This is the Gospel of the Lord,

Praise to you, O Christ.

Sermon, given by Peter Varney

Please sit.

Nicene Creed

Please stand if you're comfortable doing so.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Intercessions, led by Colin Pordham

Please sit or kneel.

This response may be used as part of the intercessions:

Lord, in your mercy:

hear our prayer.

At the end of the intercessions these words may be used:

Merciful Father,

accept these prayers

for the sake of your Son,

our Saviour Jesus Christ. Amen.

The Peace

Please stand if you're comfortable doing so as the deacon introduces the Peace:

We are the body of Christ.

In the one Spirit we were all baptized into one body.

Let us then pursue all that makes for peace

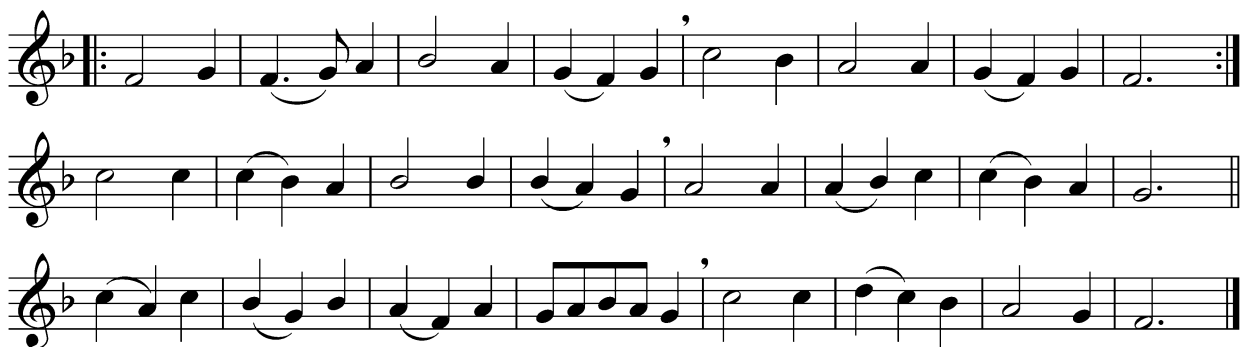
and builds up our common life.

The peace of the Lord be always with you

and also with you.

Hymn

Please remain standing.



Alleluia, sing to Jesus!
His the sceptre, his the throne;
alleluia, his the triumph,
his the victory alone:
hark, the songs of peaceful Sion
thunder like a mighty flood;
Jesus out of every nation
hath redeemed us by his blood.

**Alleluia, not as orphans
are we left in sorrow now;
alleluia, he is near us,
faith believes, nor questions how:
though the cloud from sight received him,
when the forty days were o'er,
shall our hearts forget his promise,
'I am with you evermore'?**

**Alleluia, bread of angels,
thou on earth our food, our stay;
alleluia, here the sinful
flee to thee from day to day:
Intercessor, Friend of sinners,
earth's Redeemer, plead for me,
where the songs of all the sinless
sweep across the crystal sea.**

**Alleluia, King eternal,
thee the Lord of lords we own;
alleluia, born of Mary,
earth thy footstool, heaven thy throne:
thou within the veil hast entered,
robed in flesh, our great High Priest;
thou on earth both Priest and Victim
in the eucharistic feast.**

William Chatterton Dix (1837–1898)
A&M 422

The Preparation of the Altar Table

Yours, Lord, is the greatness, the power,
the glory, the splendour, and the majesty;
for everything in heaven and on earth is yours.
**All things come from you,
and of your own do we give you.**

The Eucharistic Prayer

Please remain standing for the first part of the prayer if you're comfortable doing so.

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

You are worthy of our thanks and praise,

Lord God of truth,

for by the breath of your mouth

you have spoken your word,

and all things have come into being.

You fashioned us in your image

and placed us in the garden of your delight.

Though we chose the path of rebellion

you would not abandon your own.

Again and again you drew us into your covenant of grace.

You gave your people the law and taught us by your prophets
to look for your reign of justice, mercy and peace.

As we watch for the signs of your kingdom on earth,

we echo the song of the angels in heaven,

evermore praising you and singing:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna, hosanna, hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna, hosanna, hosanna in the highest.

Please sit or kneel as the Eucharistic Prayer continues.

Lord God, you are the most holy one,

enthroned in splendour and light,

yet in the coming of your Son Jesus Christ

you reveal the power of your love

made perfect in our human weakness.

Embracing our humanity,
Jesus showed us the way of salvation;
loving us to the end,
he gave himself to death for us;
dying for his own,
he set us free from the bonds of sin,
that we might rise and reign with him in glory.

On the night he gave up himself for us all
he took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Therefore we proclaim the death that he suffered on the cross,
we celebrate his resurrection, his bursting from the tomb,
we rejoice that he reigns at your right hand on high
and we long for his coming in glory.

As we recall the one, perfect sacrifice of our redemption,
Father, by your Holy Spirit let these gifts of your creation
be to us the body and blood of our Lord Jesus Christ;
form us into the likeness of Christ
and make us a perfect offering in your sight.

Look with favour on your people
and in your mercy hear the cry of our hearts.
Bless the earth, heal the sick,
let the oppressed go free
and fill your Church with power from on high.

Gather your people from the ends of the earth
to feast with all your saints at the table in your kingdom,
where the new creation is brought to perfection
in Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. **Amen.**

*We invite you to say the Lord's Prayer in the language in which you're most comfortable.
The presiding minister introduces the Lord's Prayer, saying:*

As our Saviour taught us, so together we pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

The president breaks the consecrated bread, saying:

We break this bread to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

The Agnus Dei

**Lamb of God, you take away the sin of the world:
have mercy on us.
Lamb of God, you take away the sin of the world:
have mercy on us.
Lamb of God, you take away the sin of the world: grant us peace.**

The president invites the people to receive communion, saying:

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Please follow the guidance of the Sidespeople as you come forward to receive Communion or a Blessing. Those sitting in the side aisles are invited forward first, and then those in the central nave starting from the back. Please approach down the central aisle and return to your place using one of the side aisles. Communion is given at the chancel step in the form of a bread wafer (please ask if you require gluten-free) and wine from the shared chalice. Following national guidance issued for health reasons, please note it is not permitted to dip your wafer in the shared chalice. If you do not wish to drink from the shared chalice simply return to your place after receiving the wafer.

Communion Hymn

Please remain seated for the singing of this hymn.



**Now let us from this table rise
renewed in body, mind and soul;
with Christ we die and rise again,
his selfless love has made us whole.**

**With minds alert, upheld by grace,
to spread the word in speech and deed,
we follow in the steps of Christ,
at one with all in hope and need.**

**To fill each human house with love,
it is the sacrament of care;
the work that Christ began to do
we humbly pledge ourselves to share.**

**Then grant us grace, Companion-God,
to choose again the pilgrim way
and help us to accept with joy
the challenge of tomorrow's day.**

Fred Kaan (1929–2009)
A&M 456ii

Post Communion Prayers

Please remain seated or kneeling.

Holy Father,
who gathered us here around the table of your Son
to share this meal with the whole household of God:
in that new world where you reveal the fullness of your peace,
gather people of every race and language
to share in the eternal banquet of Jesus Christ our Lord. **Amen.**

Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.

Final Hymn

Please stand if you're comfortable doing so, turning to face the West end as the servers and ministers process out.



Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand:
Bread of heaven,
feed me now and evermore.

Open now the crystal fountain
whence the healing stream doth flow;
let the fiery cloudy pillar
lead me all my journey through:
strong deliverer,
be thou still my strength and shield.

When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs and praises
I will ever give to thee.

Arglwydd, arwain trwy'r anialwch
William Williams (1717–1791)
translated by Peter Williams (1727–1796)
A&M 652

Final Blessing

The presiding minister uses these words:

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

Dismissal

The deacon dismisses the people using these words:

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Organ Voluntary: played by Alice Smith

Allegro moderato from Organ Sonata No.2 in C minor by Felix Mendelssohn
(1809-1847)

Please remain standing while the crucifer returns down the South Aisle to the Vestry. You're then invited to sit for the organ voluntary, or feel free to depart.

A collection is not being taken during the service at present, but if you wish to make a donation to the work of St Peter Mancroft please use the box or plate by the door, or the contactless donation point at the back of church, to give by card.

Following the service coffee is being served in the Octagon Room. Access is via the entrance on Hay Hill, for which please exit the church by the South door and head down the churchyard path. There are steps on this route – to avoid the steps please go out of the gate and down Hay Hill, re-entering the churchyard by the Octagon.

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